

## Personal details:

Name: Nastaran Samani

Date of birth: 01/01/1990

Phone: 00989125396784

E-mail: nastaransamani1990@yahoo.com

## Education:

- Psychiatry resident, Shahid Beheshti

University of Medical Sciences, Tehran, Iran

(2018-2022)

Thesis topic: Comparison of Neurological

Soft Signs in bipolar 1 disorder and bipolar

spectrum patients and their first-degree

unaffected relatives in Imam Hossein

Hospital

supervisors: prof Saeed Sadr and Prof Mehdi

Samimi Ardestani

- Medical student, Iran University of Medical

Sciences, Tehran, Iran (2009-2016)

Thesis topic: Evaluation of the prevalence of

Duodenal Scattered White Spots in Rasul

Akram Hospital

Supervisors: Prof Marjan Mokhtare, Prof

Shahram Agah

Article Publications:

1. Nastaran Samani, Rozita Davari Ashtiani, Ali Kheradmand, Fariba Arabgol (2022) " Experiences of parents of children with psychiatric disorder from Covid-19 pandemic and

its related quarantine: A qualitative Study", Health Science Reports, DOI:

10.1002/hsr2.696

2. Ali Kheradmand, Nastaran Samani, Ahad Fazeli (2022) " Nutritional status of patients in methadone, buprenorphine, and opium tincture maintenance therapy", Heroin Addiction

and related Clinical Problems. Published Ahead of print:

<https://>

[www.heroinaddictionrelatedclinicalproblems.org/harcp-archives-doi-articles.php](https://www.heroinaddictionrelatedclinicalproblems.org/harcp-archives-doi-articles.php)

3. Seyed Shahab Banihashem, Forough Yousefi Saber, Somayeh Motazedian, Masoud

Mardani, Alireza Shamsi, Maryam Nazari, Nastaran Samani, Arash Danesh (2022) "Serologic Evaluation of cytomegalovirus (CMV), Toxoplasma gondii and Brucella in schizophrenia patients", Caspian Journal of Internal Medicine.

-Posters in 22nd WPA World Congress of Psychiatry:

1. Alireza Shamsi, Fatemeh Kazemi Khaledi, Helia Helalishargh, Nastaran Samani "The relationship between personality traits, medication adherence, and quality of life in patients with type 2 diabetes"

2. Alireza Shamsi, Fatemeh Kazemi Khaledi, Helia Helalishargh, Nastaran Samani "Affective temperaments in patients on methadone maintenance treatment: comparison with a control group"

Grants and Awards:

- First rank in Iranian Psychiatry Board Exam 2022
- Among 10 percent top students in pre-internship exam 2014